



ST. NORBERT SCHOOL

CBSE Affiliation No: 831041

Chowhalli, Kollegala Main Road, T. Narasipura - 571124, Mysore District

Rashtriya Poshan Maah 2021

POSHAN Abhiyaan

PM's Overarching
Scheme for Holistic
Nourishment

सही पोषण - देश रोशन



Rashtriya Poshan Maah 2021

1 - 30 September



Participate in Helping Make India Malnutrition Free



NATIONAL HEALTH PORTAL
INDIA



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REPORT ON POSHAN MAAH AND PAKHWADA

“Good nutrition creates health in all areas of our existence, all parts are interconnected” – T. Colli Campbell.

POSHAN Abhiyan (National Nutrition Mission) was launched by the Hon’ble Prime Minister on 8th March 2018. The program strives to reduce the level of stunting, under-nutrition, low-birth weight in children and anemia in adolescent girls, pregnant women, lactating mothers as well as children. Rashtriya Poshan Maah is being celebrated during the month of September, to further accelerate various activities under POSHAN Abhiyan and to create awareness about the importance of nutrition, among people. St. Norbert School, T. Narasipura observed the month of September as Rashtriya Poshan Maah. Various tips were shared with students by teachers that would help them to live a long and healthy life. Some of the activities organized at the school are as follows.

- 1. Debate:** A debate competition was conducted in the school to motivate students about the importance of diet and nutrition.
- 2. Pledge:** Reflecting the spirit of the child and education, students took an oath to keep them well-nourished and resolved to inculcate healthy eating habits in their lives.
- 3. Parent Teacher Meeting:** A meeting was held with the parents of students where the teachers discussed the importance of nutrition in life. The parents were also encouraged to inculcate nutritional food habits in their lives to maintain good health.

AWARNESS ON NUTRITION



PLEDGE BY STUDENTS





DEBET ON HEALTHY EATING HABITS

