



ST. NORBERT SCHOOL

CBSE Affiliation No: 831041

Chowhalli, Kollegala Main Road, T. Narasipura - 571124, Mysore District

Annual Sports day

Introduction: Sports day is a very exciting and happy day that every student looks forward to. Every student can participate in different types of sporting events. Personally, I enjoy sports day and look forward to it every year, it helps me showcase my athletic abilities in front of an enthusiastic audience.



Importance of sports day

Sports teach discipline, respect, friendship, leadership, resilience, teamwork and overcoming adversity. It is a crucial part of a student's growth and development. A good school aims to improve a student's physical abilities and helps them learn a sense of good sportsmanship.





Sports day at our school

Our school celebrates sports day in December every year.

This year,sports day was celebrated 21st December.

The Manager of our school Rev.Fr. Benny Thomas the chief guest ,Accompanied by our school Finacial administrator Fr,Renin ,Fr vinith o prem,Our school principal Sr Sumi rosa , vice principal Ms,Sheena k Gurnani, College principal Lisha ,and PTM committee members.



The sports day celebration shows the commitment that all of us have towards sports .the testimony of this is our students ,who perform with extraordinary vitality in all the given sports.



Students should participate in sports day activities that they find fun and in sports they want to build a career in because participating in sports will help them improve their physical health and give them the mental energy to cope study well.





Sports day include track and field events, as well as other games and activities.

Sports day promotes physical activity and encourages students to get involved in sports.





Sports is necessary for mental health and should be considered essential for a holistic and healthy life. sports day reduces study pressure among students,

Everyone loves to play games. games and sports are essential for maintaining good health and fitness.

The winners get medals and certificates, but everyone enjoys and celebrates.

I love sports day because it is not just about winning ,but having fun and being active.



