



St. Norbert Campus Chronicles



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EDITORIAL – FR. BENNY THOMAS O. PRAEM - THE MANAGER



In the outcome of our recent Independence Day celebration, we are once again reminded of the remarkable journey our nation has undertaken to secure its freedom. Independence Day is not merely a day of festivities, flag-hoisting, or waving; it is a day that holds profound meaning and significance for every citizen of our country. We are united as Indians, yet we encompass diverse cultures, traditions, lifestyles, and

food habits. This year's Independence Day celebration at St. Norbert School was characterized by a sense of solemnity and pride. Our esteemed guest, Mr. Manohar. M. the Radar Operator from Unit 503 AD MSL Regiment, Army Air Defence, graced the occasion with his 16 years of experience, enlightening us about the Indian Army and its culture. He inspired and motivated our students, advocating that at least one member from each family should join the Army and serve our country. As our students and teachers gathered to commemorate the sacrifices of our freedom fighters, the atmosphere was charged with unity and Patriotism. The celebration provided us with a valuable opportunity to reflect on the struggles and

sacrifices our forefathers made to secure our nation's sovereignty. It's a time to acknowledge that the privileges and rights we enjoy today are the outcomes of their unwavering determination and courage. As we witness the unfolding of the tricolor flag and listen to the national anthem echoing in the air, we are reminded of the shared identity that binds us all as citizens of India. Our school's celebration was a vivid reminder that our diversity is our strength; despite our Differences in religious faith, culture, traditions, and language, we stand united. throughout the year. Our students must understand that being responsible citizens extends beyond a single day of celebration. It involves actively participating

in the growth and betterment of our country, respecting its diversity, and upholding the values enshrined in our Constitution. As we move forward, let's carry the spirit of Independence Day with us every day, striving to make our country proud through our actions, contributions, and commitment to a better tomorrow. As the echoes of our Independence Day celebrations fade and we bid adieu to the vibrant month of August, we find ourselves at a juncture where the values of democracy and unity in diversity continue to resonate within our institution. With September dawning upon us, we embark on a new journey in preparation for our forthcoming School Anniversary on December 22, 2023.

MESSAGE FROM THE PRINCIPAL'S DESK - SR. SUMI ROSA PHJC



"Leaders are made, they are not born. They are made by hard effort, which is the price which all of us must pay to achieve any goal that is worthwhile." **Vince Lombardi.** School is our Home, where we create a good atmosphere and provide learners with the knowledge and experience in various fields. Our school is a place where all members of the school community are

respected and valued. We believe that every student and teachers come to our schools' gain lot of knowledge, guidance and we empower them to take responsibilities to lead the future in a joyful way. We are committed to help each and every student develop into a responsible, educated and well-rounded individual. We believe in the importance of building strong relationship between the school and the community. Joyful living naturally improves confidence, creativity, emotional resilience, popularity, courage and success. We are unique and still integrated with the rest of the world. Our body, mind, intellect, voice is all uniquely different from others. Our talents and

aspirations are also different. Hence, knowing and living ourselves is essential for the harmony within the nature. Therefore, understanding and loving the rest of the world is also an essential element of the happiness journey. We don't have to wait for results to be happy. We have to be happy at every moment. But then, how do we work all the time joyfully, irrespective of the nature of the work... for example, simple things such as household work, taking a bath, eating food, and buying vegetables are enjoyable activity. Hence, everything that needs to be done must be done with immense love. Then life blossoms with happiness in every moment. It is also

known as living in the present and making others happy by giving a gesture of smile. Success brings smiles and laughter and it helps us in remaining calm and positive. Success and happiness always come from our ability to tackle tougher. If you want to be happy and successful 1. Live in the moment 2. Tap into your resilience 3. Manage your energy 4. Be joyful 5. Be good to your self 6. Step outside your comfort zone 7. Show compassion to yourself. Happiness is the key to success. If you love what you are doing, you will be successful. Until you are happy with who you are, you will never be happy with what you have. So, **be joyful to be successful individuals and citizens.**

OUTGOING BATCH OF CLASS X ACADEMIC YEAR 2022-2023



Amrutha



Chiranthan Dev



Devika



Drushya



Gagan Kumar



Gowri



Harshith



Harshitha K



Harshitha S



Karan Shivarathri



Keertana P



Lokesh Kumar



Maheshwari



Manjula M



Md. Ibrahim



Md. Mueez



Nishanth



Nitin S



Nitya



Padmanabha



Pranav



Priya J



Sanika



Satvik



Sharaj



Sharanya



Soujanya



Spoorthi Prakash



Srinivas Iyyangar



Tejas B N



Tejasvi S



Varsha



Vikas



Vinay M



Zoya Fathima

EVENTS & ACTIVITIES

GRADUATION DAY











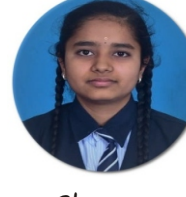
Milestone is just a stepping stone for more successes to come! On 18 of April we were happy to graduate our students of grade 10, batch 2022-23. There is no doubt that every student dreams of his or her graduation, who strive and struggled for this moment, until he/she moves to another stage of education or in order to finish.



ACADEMIC RESULT OF GRADE X- 2022-23 BATCH

11- Distinction, 24 First class and 2 second class we got 100% result. we appreciate and congratulate all the students, who took a lot interest and worked hard to achieve their goal. We also appreciate all the teachers for spending their extra time and energy to achieve their dream.

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|  |  |  |  |
| Vinay M 88% | Varsha 85% | Maheshwari 80% | Priya J 79% |
|  |  |  | |
| Keertana P 79% | Padmanabha 78% | Nishanth 77% | |
|  |  |  |  |
| Tejas B N 77% | Karan Shivarathri 76% | Tejasvi S 75% | Sharanya 75% |

TEACHERS TRAINING

We kick started the academic year with a brainstorming Teachers Training Programme, ensuring that our educators are equipped with the latest teaching methodology and tools to provide the best learning experience.



BRIDGE COURSE

To ease the transition for students moving to higher grades, we conducted an engaging Bridge Course. This helped students to familiarize themselves with the curriculum and expectations of upcoming of the academic year.



REOPENING OF KINDERGARTEN

We were delighted to welcome our youngest learners back to school on 12th June. Our dedicated teachers have been working tirelessly to create a safe and nurturing environment for these little minds to flourish.



ENVIRONMENT DAY

The theme set for World Environment Day 2023 was to focus on solutions to plastic pollution under the campaign "Green Today, Clean Tomorrow". On 5th June, We celebrated the World Environment Day. It was an enriching programme for all the students as well as teachers.



INVESTITURE CEREMONY

Instilling leadership qualities in our students, the Investiture Ceremony was held to appoint our new student council members. The event was a testament to the responsible and capable students who will guide our school towards excellence.



EVENTS & ACTIVITIES

YOGA DAY

International Yoga Day is celebrated every year on June 21st to promote the numerous benefits of practicing yoga. The theme for the International Day of Yoga 2023 was Yoga for Vasudhaiva Kutumbakam (one world and one family).



EXTRA-CURRICULAR ACTIVITIES

St. Norbert School has come forward to bring talents of our students in the various fields like Karate, Art and Craft, Dance and Music. It has brought lot of changes in students lives.



MENSTRUAL HYGIENE SEMINAR

These Menstrual hygiene practices can help you Stay healthy and comfortable. The program was arranged for the students of Grade 6-10. Keynote speaker - Dr. Sr. Jilsha.



IC3 PROGRAM

It was held at ExcelPublic School on 28of July. This programme was all about counselling the students who are burdened with many issues and problems. This program helped school teachers to understand the problems of students and be able to solve it.



RED DAY



VARIOUS COMPETITIONS ATTENDED

Interschool Competition was conducted on the occasion of Guru Utsav. It is to increase their confidence level and skill level.



GUIDANCE AND COUNSELLING PROGRAM

It was conducted to empower our teachers. The Key Speakers were Fr. Subash O. Praem and Fr. Joseph Thoompanal CMF. It helped all the teachers to understand themselves and students. The teachers were taught how to lead a healthy and happy life.

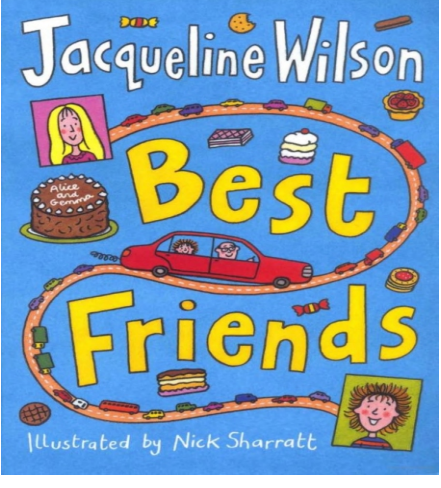


INDEPENDENCE DAY CELEBRATION

As a mark of respect and patriotism, Independence Day was celebrated with solemnity and pride. Mr. Manohar M, the Radar Operator, Army Air defence graced the occasion as the Chief Guest. Students participated in various activities. It was a remarkable moment.



BOOK REVIEW - MS. SHARADHA



This story is about Alice and Geema, who were born on the same day in the month of August. August being a friendship month, they were the best companion and were studying in the same school too. Alice was fond of tree house and a pony. Geema loved playing football and was happy in fulfilling Alice's dreams. Geema was always talking but Alice lent a listening ear. They shared all their secrets. Alice had the habit of writing her daily routine in her diary but never revealed to anyone. Geema realised the secret that Alice would move to London, through her diary which was never shared.

Packing their memories was terrible as both were hiding in the wardrobe. They tried to disguise themselves and to move away from their homes to get some spare time together. Finally, Alice moved to London with her family leaving behind her childhood days. Geema's grandad was her pass time at home now. He would recall his memories about his wife, Gemma's grandma over a cup of tea with snacks. Geema's mother and Principal, Mrs. Watson pacified her but still she could never forget Alice. Geema always felt sad but relished the memories through letters on every birthday. As a sudden surprise Geema's father had built a tree house to gift her on her birthday. This was the happiest moment when Alice too sent her gift in a parcel. A silver bracelet made by Alice earlier, was added with one more pendant saying "Best friends forever." Geema was very happy to be Alice's best friend even after staying far away for years.

SHARING EXPERIENCE - MR. PRAVEEN

"Education is the key to success in life, and teachers make a lasting impact in the lives of their students." Solomon Ortiz.

I am proud to say that our ST. NORBERT SCHOOL is imparting education to children to unlock a golden door of knowledge to develop better foundation for the best future. Being member of this institution, I am happy to contribute towards transforming education. The committed team of educators with the dynamic management and best infrastructure, we are working towards empowering learners with knowledge, skills, values, and attitudes to be resilient, adaptable, and prepared for the uncertain future and sustainable development. While working for this noble cause, we are lucky to have a team of committed fathers namely Rev. Fr. Benny Thomas, our Manager. He is our effective leader, communicator and problem solver. Next in the line is Rev. Fr. Renin Sebastian, our

Finance Officer. He is very friendly but dedicated to bring positive changes in the campus. Then we have Rev. Fr. Rajesh Mathew, our Academic Coordinator. He is extremely generous and encourages all of us in every action. In addition, to further navigate and support the noble cause, we are blessed to have Sr. Sumi Rosa PHJC as our principal and Miss. Sheena Gurnani as our vice-principal. I am also happy to work with my colleagues, because they are always sharing and caring. I can't end my sharing experience without remembering my shining stars. They are always ready to learn new things. Every day I am discovering new things by sharing knowledge. Finally, I would like to end with the quote. "Coming together is a beginning, keeping together is a progress, working together is success" by Henry Ford. Eventually, I want to thank everyone from the bottom of my heart for the opportunity given.

ಎತ್ತ ಸಾಗುತ್ತಿದೆ ಸಮಾಜ.....? ರಜನೀಶ್ ಕರೋಹಟ್ಟಿ



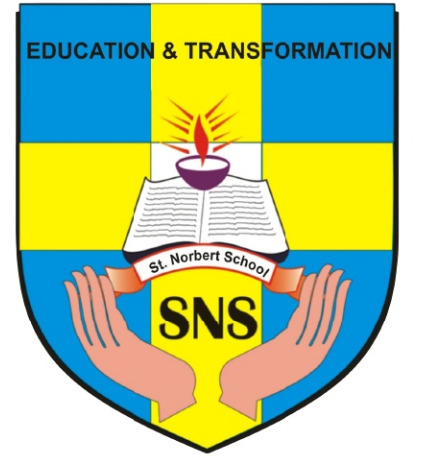
ಎತ್ತ ಸಾಗುತ್ತಿದೆ ಸಮಾಜ ಎಚಿಬುದನ್ನು ಹುಡುಕುತ್ತಾ ಸಾಗಿದರೆ ನಮಗೆ ಸಿಗುವುದು ಏನೆಂದರೆ.....

ಹೆಣ್ಣು ಸಮಾಜದ ಕಣ್ಣು ಎಂಬುದು ಬರೀ ಮಾತಿನಲ್ಲಿ ಹೇಳುವಂತಾಗಿದೆ ಹಿಂದಿನ ಕಾಲದಿಂದಲೂ ಹೆಣ್ಣನ್ನು ಶೋಷಣೆ ಗೊಳಪಡಿಸುತ್ತಲೇ ಬಂದಿರುವುದನ್ನು ನಾವು ಕಾಣಬಹುದಾಗಿದೆ. ಒಂದು ಹೆಣ್ಣು ಮುಖ್ಯವಾಹಿನಿಗೆ ಬರಲು ಸಾಕಷ್ಟು ದಶಕಗಳೇ ಬೇಕಾಯಿತು. ಹಿಂದೆ ಸತಿಸಹಗಮನ ಪದ್ಧತಿ, ದೇವದಾಸಿ ಪದ್ಧತಿ, ಬಸವಿ ಪದ್ಧತಿ, ಗೆಜ್ಜೆ ಪೂಜೆ ಪದ್ಧತಿ ಹೀಗೆ ಹಲವಾರು ನೀಚ ಪದ್ಧತಿಗಳಿಂದ ಹೆಣ್ಣನ್ನು ಶೋಷಣೆ ಮಾಡುತ್ತಿದ್ದರು. ಈಗಲು ಸಹ ಉತ್ತರ ಕರ್ನಾಟಕದ ಭಾಗದಲ್ಲಿ ಇಚಿತಹ ಅನಿಷ್ಟ ಪದ್ಧತಿಗಳು ಜಾರಿಯಲ್ಲಿರುವುದು ನಾಗರಿಕ ಸಮಾಜ ತಲೆತಗ್ಗಿಸುವಂತಹ ವಿಷಯವಾಗಿದೆ. ನಮ್ಮ ದೇಶದಲ್ಲಿ ಸ್ವಾತಂತ್ರ್ಯ ಪೂರ್ವದಿಂದಲೂ ಹೆಣ್ಣನ್ನು ಒಂದು ಮೋಹಕ ವಸ್ತು ಎಂಬಂತೆ ಬಳಸುತ್ತಾ ಬಂದಿದ್ದಾರೆ. ಸ್ವಾತಂತ್ರ್ಯದ ನಂತರದ ದಿನಗಳಲ್ಲಿಯೂ

ಅದೇ ಭಾವನೆಯಿಂದ ಹೆಣ್ಣನ್ನು ಕಾಣಲಾಗುತ್ತದೆ. ಸ್ವಾತಂತ್ರ್ಯ ಬಂದು ೭೬ ವರ್ಷಗಳು ಕಳೆದರೂ ಮಹಿಳೆಯರು ಮತ್ತು ಮಕ್ಕಳ ಮೇಲಿನ ದೌರ್ಜನ್ಯವನ್ನು ತಡೆಯಲು ಸಾಧ್ಯವಾಗುತ್ತಿಲ್ಲ. ಪ್ರಸ್ತುತ ಸಂದರ್ಭದಲ್ಲಿ ಮಣಿಪುರದಂತಹ ರಾಜ್ಯದಲ್ಲಿ ಕುಕಿ ಮತ್ತು ಮೈತೇಯಿ ಸಮುದಾಯಗಳೊಂದಿಗೆ ನಡೆಯುತ್ತಿರುವ ಜಾತಿ ಮೀಸಲಾತಿ ಸಂಘರ್ಷದಲ್ಲಿ ಜಗತ್ತೆ ತಲೆತಗ್ಗಿಸುವಂತಹ ಮಹಿಳೆ ನಗ್ನ ಮೆರವಣಿಗೆ ಅತ್ಯಂತ ಚುಚ್ಚಿಕರವಾದ ಸಂಗತಿಯಾಗಿದೆ. ಎಚಿಬುದು ನಮ್ಮ ನಾಗರಿಕತೆಗೆ ಪ್ರಶ್ನೆ ಮಾಡಿಕೊಳ್ಳುವ ವಿಷಯವಾಗಿದೆ. ನಮ್ಮ ದೇಶ ಕಾಯುವ ಒಬ್ಬ ಸೈನಿಕನ ಮಡದಿಗೆ ನಮ್ಮ ಸಮಾಜದಲ್ಲಿ ರಕ್ಷಣೆ ಇಲ್ಲದಂತಾಗಿರುವುದು ಮತ್ತು ಒಚಿದು ಹೆಣ್ಣು ಸ್ವತಂತ್ರವಾಗಿ ತಲೆ ಎತ್ತಿ ನಿಲ್ಲುವ ಹಾಗೂ ಬದುಕುವ ಸಾಮರ್ಥ್ಯವನ್ನು ಕಳೆದು ಕೊಳ್ಳುತ್ತಿರುವುದನ್ನು ನೋಡಿದರೆ ಮಾನವೀಯತೆಯನ್ನು ಸಮಾಜದಲ್ಲಿ ಹುಡುಕುವಂತಾಗಿದೆ. ನಮ್ಮ ದೇಶದಲ್ಲಿ ಪ್ರತಿದಿನ ಹೆಣ್ಣು ಮಕ್ಕಳ ಮೇಲೆ ಅತ್ಯಾಚಾರಗಳಾಗುತ್ತಿರುವುದು ವರದಿ ಯಾಗುತ್ತಿದೆ, ಈ ಘಟನೆಗಳಲ್ಲಿ ಅತ್ಯಂತ ಕ್ರೂರವಾಗಿ ಹೆಣ್ಣನ್ನು ಹಿಂಸಿಸಿ ಕೊಲೆಮಾಡಲಾಗುತ್ತಿದೆ. ಇಂತಹ ಸಂದರ್ಭಗಳಲ್ಲಿ ಶ್ರದ್ಧಾಂಜಲಿಯ ನೆಪದಲ್ಲಿ ಕೇವಲ ಮೇಣದ ಬತ್ತಿ ಹಚ್ಚಿ ಸಂತಾಪ ಸೂಚಿಸಿ ಅದೇ ಬತ್ತಿಯನ್ನು ಆರಿಸಿ ಮತ್ತೊಮ್ಮೆ ಬೆಳಗಿಸುವುದಕ್ಕೆ ಮಾತ್ರ

ಹೋರಾಟಗಳು ಸೀಮಿತವಾಗಿರುವುದು ಒಂದು ಮನಃಕಲಕವ ಸಂಗತಿಯಾಗಿದೆ. ಈ ಎಲ್ಲಾ ಘಟನೆಗಳಿಗೆ ಶಿಕ್ಷೆ ಕೊಡಿಸುವಲ್ಲಿ ಸರ್ಕಾರಗಳು ವೈಫಲ್ಯವಾಗುತ್ತಿರುವುದು ಒಂದು ಪ್ರಮುಖ ವಿಷಯ, ಕಾರಣ ರಾಜಕೀಯ ಮತ್ತು ಶ್ರೀಮಂತರ ಮಕ್ಕಳು ಇಂತಹ ಅನಿಷ್ಟ ಕೆಲಸಗಳಲ್ಲಿ ಭಾಗಿಯಾಗಿರುತ್ತಾರೆ, ಕಾನೂನು ಸೂಕ್ತವಾದ ಕ್ರಮವನ್ನು ಜಾರಿಗೊಳಿಸಿ ಹೆಣ್ಣಿಗೆ ರಕ್ಷಣೆ ಕೊಡಿಸುವಲ್ಲಿ ಶಕ್ತವಾಗುತ್ತಿಲ್ಲ. ಜಾತಿ, ಧರ್ಮಗಳ ಆಧಾರದ ಮೇಲೆ ಮಹಿಳೆಯರ ಮೇಲೆ ದೌರ್ಜನ್ಯಗಳು ನಡೆಯುತ್ತಿರುವುದು ವರದಿಯಾಗಿವೆ. ಇಂತಹ ಕ್ರೂರ ವ್ಯವಸ್ಥೆಗೆ ಕೊನೆ ಯಾವಾಗ? ದೌರ್ಜನ್ಯಕ್ಕೆ ಅಂತ್ಯ ಯಾವಾಗ? ಇದಕ್ಕೆಲ್ಲ ಕಾರಣವೇನು? ಇದನ್ನು ಪರಿಹಾರಿಸುವ ಬಗೆ ಹೇಗೆ? ಮಾನವೀಯತೆಗೆ ನಾಂದಿಯಾಡುವವರು ಯಾರು? ಹೆಣ್ಣು ಪುರುಷರಂತೆ ಸಮಾನಳಾಗಿ ಬದುಕುವುದು ಯಾವಾಗ? ಹೀಗೆ ಹಲವಾರು ಉತ್ತರವಿಲ್ಲದ ಪ್ರಶ್ನೆಗಳು ನಮಗೆ ಮೂಡುತ್ತವೆ. ಇದಕ್ಕೆಲ್ಲ ಪರಿಹಾರ ವಿದ್ಯಾವಂತರಷ್ಟೆ ಆದರೆ ಸಾಲದು ಪ್ರಜ್ಞಾವಂತರಾಗಿ ನಾಗರಿಕತೆಯನ್ನು ಮೈಗುಡಿಸಿಕೊಂಡು ನಾವು ನಮ್ಮವರೆಂಬ ಭಾವನೆಯಿಂದ ಬದುಕಿದರೆ ಆಗ ಹೆಣ್ಣಿಗೆ ಒಂದು ಸ್ಥಾನವಿದೆ ಎಂಬುದು ತಿಳಿಯುತ್ತದೆ. ಹೆಣ್ಣು ಸಮಾಜದ ಕಣ್ಣು ಎಂದು ಭಾವಿಸಿದರೆ ಸ್ವಾತಂತ್ರ್ಯ ದೇಶಕ್ಕೆ ಮಾತ್ರವಲ್ಲ ಪ್ರತಿಯೊಂದು ಹೆಣ್ಣಿಗೂ ಸಿಗುತ್ತದೆ.

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